

Cost of Medical & Dental Benefits for Plan Year 2009

The 2009 rates for health care coverage will be effective from January 1, 2009 through December 31, 2009.

Full-Time Employee Rates

Plan	Coverage Level	2008 Employee Bi-Weekly Contribution	2009 Employee Bi-Weekly Contribution**
CareFirst PPN/PPO	Employee	\$29.99	\$35.00
	Employee + 1	\$59.99	\$69.59
	Employee + Family	\$75.59	\$88.05
CareFirst POS	Employee	\$35.36	\$34.05
	Employee + 1	\$70.71	\$68.09
	Employee + Family	\$89.10	\$85.80
Assurant Dental	Employee	\$ 2.20	\$ 2.24
	Employee + 1	\$ 4.61	\$ 4.71
	Employee + Family	\$ 7.52	\$ 7.68
CIGNA Dental Care	Employee	\$ 1.52	\$ 1.55
	Employee + 1	\$ 3.07	\$ 3.14
	Employee + Family	\$ 4.48	\$ 4.57

****Based on 27 pays****

Part-Time Employee Rates

Plan	Coverage Level	2009 Bi-Weekly Contribution**
CareFirst PPN/PPO	Employee	\$ 70.00
	Employee + 1	\$ 139.19
	Employee + Family	\$ 176.10
CareFirst POS	Employee	\$ 68.09
	Employee + 1	\$136.19
	Employee + Family	\$171.60
Assurant Dental	Employee	\$ 4.49
	Employee + 1	\$ 9.41
	Employee + Family	\$ 15.36
CIGNA Dental Care	Employee	\$ 3.10
	Employee + 1	\$ 6.28
	Employee + Family	\$ 9.14

****Based on 27 pays****

Domestic Partner Rates

Please contact Human Resources for domestic partner rates and information on tax requirements related to domestic partner premiums.